

PROFESSIONAL TRAINING,

Personalized Care

Skilled Doctors,
Self-Reliant and
Passionate About
Personalized Health Care



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Jeffrey Camp, MD

Jeffrey Camp, MD Board Certified in Ophthalmology

Dr. Jeffrey Camp is an Ophthalmologist with a strong science background and a passion for adding state-of-the-art technology to his practice.

The son of a scientist in Midland, Michigan, Camp attended the University of Michigan as an undergrad and, although he always had an overall plan to enter medicine, earned a degree in chemical engineering.

“I like science but I also like helping people,” Camp says. “Being able to help people is what drew me into medicine.”

After completing a medical degree at the prestigious University of Michigan Medical School, Camp went into an internal medicine internship at Nashville’s Baptist Hospital before undertaking a residency and fellowship in ophthalmology at Vanderbilt University’s Medical Center.

“Only about one to two percent of doctors are accepted into ophthalmology,” Camp says. “It’s very competitive to get into.”

The idea of operating on one of the most delicate organs—possibly only second to the brain—drew Camp into the field, he says.

“I like delicate surgery, and during a research project in medical school I found I was really good at things that require fine motor control,” he says.

After practicing in both Boulder, Colorado, and Bellingham, Washington, Camp landed on Truckee as his home in 2005, where he serves as director and comprehensive ophthalmologist at Tahoe Sierra Eye & Optical.

“I really enjoy cross-country skiing, and while you get a bit of that in Michigan, you get a lot more of that out here,” he says of his decision to move out West. In addition, Camp is a cyclist and has a passion for outdoor activities year-round. He and his wife, Melisa, have a young daughter, and Melisa helps manage their Truckee clinic.

In his practice, Camp treats a host of eye-related issues, from infections to glaucoma and cataracts to routine eye exams. Dr. Camp is highly trained in the medical issues and treatments of eye disorders, different from an optometrist who is only trained to do vision testing and is not an MD.

“If you have eyes, I can help you,” Camp says with a laugh.

His office stocks the largest selection of glasses frames in the Reno-Tahoe region and invests heavily in new technology for detecting all manner of eye ailments.

“We provide a personalized service here and use the most advanced tools for diagnosing and treating complex and routine eye issues. No one else in the region does this,” Camp says. He describes his practice as boutique and offers patients a wide array of services in his one-stop-shop, including surgery.

Camp’s practice has extended beyond eye care, however.

“I do a lot of blepharoplasties—which is eyelid surgery that removes excess skin from the eyelid to expand and improve vision or to improve the appearance of the drooping eyelid,” Camp says. “In 2014, I discovered that with a laser you could actually thicken and tighten that skin around the eye instead of having to cut it with a scalpel, which requires much less downtime for the patient.”

Camp refers to the treatment as incisionless eyelid surgery with his Smartskin+ laser. The process led to him opening Tahoe Sierra Aesthetic Laser where he can perform color correction on facial skin, reduce wrinkles, tighten soft tissue, remove tattoos, perform laser hair removal, eyelid surgery, scar reduction and non-surgical facelifts, all with the help his industry-leading lasers. The laser-aided facelift calls for three micro-incisions in a person’s face, one on either side and one below the chin. The laser then melts the fat in the area and stimulates collagen and elastin production to tighten a person’s facial skin and neck. The in-office procedure requires just three days of recovery as opposed to the up to six weeks a traditional surgical facelift can command, Camp adds.

“It’s a natural extension of the technology I have available to help patients,” Camp adds. “I use this technology to dial back the clock on someone’s appearance and help them regain confidence by helping them obtain a natural and youthful look. We can reverse the damaging effects of sun and aging on the skin.”

Camp’s practice has been so successful that Cynosure, the company that produces the Smartskin+ laser, has asked his practice to be one of eight Centers of Excellence in the country. He will be training doctors from all over the west coast on aesthetic laser procedures.

Ever the scientist, Camp keeps pushing his practice to new heights.

To learn more about Dr. Camp and the ophthalmology and aesthetic services he offers, visit www.tahoeyemd.com or www.tahoelaser.com.

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